

Southwest Family Life Centers, Inc. provides services to victims of Domestic Violence and Sexual Assault in Medina, Uvalde, Real, Kinney and Frio County and surrounding communities.

UVALDE COUNTY:

Uvalde Outreach Office: (Covers Kinney & Real)
(830)278-1067

(830)426-5131 – SWFLC HOTLINE

Uvalde Police Department: (830) 278-9147
Uvalde County Sheriff: (830) 278-4111

REAL COUNTY:

(830)426-5131 – SWFLC HOTLINE

Real County Sheriff: (830)232-5201

KINNEY COUNTY:

(830)426-5131 – SWFLC HOTLINE

Kinney County Sheriff: (830)563-2788

FRIO COUNTY:

Pearsall Outreach Office:
(830)334-4556

(830)426-5131 – SWFLC HOTLINE

Pearsall Police Department: (830) 334-4169
Frio County Sheriff: (830) 334-3311

MEDINA COUNTY:

Administration/Shelter

Phone: (830) 426-5972

HOTLINE: (830) 426-5131

Hondo Police Department: (830) 426-5353
Medina County Sheriff: (830) 741-6150

EMERGENCY NUMBERS:

Emergency Number: 911

Texas Department of Human Services Abuse
Hotline: 1-800-252-5400

National Domestic Violence Hotline:
1-800-799-SAFE (7233)



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DOMESTIC VIOLENCE

Community Resources and Information

Providing
comprehensive
services to victims of
domestic violence
and their non-violent
family members, and
general services to
the community

SOMETIMES
ASKING FOR
HELP
IS THE BRAVEST
MOVE YOU CAN
MAKE

YOU DON'T HAVE
TO DO
IT ALONE

Quiz: How is your relationship?

Does Your Partner:

- Embarrass you with bad names and put downs?
- Look at you or act in ways that scare you?
- Control what you do, who you see or talk to, and where you go?
- Stop you from seeing or talking to friends or family?
- Take your money or Social Security, make you ask for money or refuse to give you money?
- Make all the decisions?
- Tell you you're a bad parent or threaten to take away or hurt your children?
- Act like the abuse is no big deal, it's your fault, or even deny doing it?
- Destroy your property or threaten to kill your pets?
- Intimidate you with guns, knives, or other weapons?
- Shove you, slap you, or hit you?
- Force you to drop charges? Threaten suicide?
- Threaten to kill you?

Checked one?

Get help now!

If you or someone you know is involved in an abusive relationship, you are not alone. The staff at **Southwest Family Life Centers, Inc.** is ready to help you obtain the help you need.

SERVICES AVAILABLE:

- **24-hour crisis hotline**
- **Peer Counseling Services**
- **Legal Advocacy, referral and court accompaniment**
- **Assistance in Obtaining Protective Orders**
- **Assistance with Texas Crime Victims Compensation Claims**
- **Temporary Emergency Domestic Violence Shelter**
- **Information and referral on community resources**
- **Safety planning**
- **Crisis Intervention**
- **Community Education**

WHAT CAN I DO?

If you have friends or family members who are in an unhealthy or abusive relationship, the most important thing you can do is be supportive and listen to them.

Understand that leaving an unhealthy or abusive relationship is never easy.

Let them know they have options.

Invite them to check out:
loveisrespect.org

Or have them call our

HOTLINE:

(830)426-5131